MENTAL WELLBEING AND SAFETY › BULLYING

A LISTENING TO FAMILIES RESOURCE

Bullying

Answers to questions about bullying identified by families are provided in a conversation with a team including

- *Child and Adolescent Psychiatrist*
- *Child and Family Psychologist*
- *Restorative Schools*
- *Mana Ake*
- *Youth Aid Officer, NZ Police*

QUESTIONS ANSWERED IN THIS SERIES

- What is bullying?
- Why do people bully others?
- What are the short and long term impacts of bullying?
- Why don't kids tell?
- How does bullying present in the online world?
- My child has come home and said they are being bullied. What should I do?

WATCH THE FULL SERIES · 6 VIDEO CLIPS

NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/bullying