A LISTENING TO FAMILIES RESOURCE

Eating Challenges – ARFID

Questions about Avoidant / Restrictive Food Intake Disorder (ARFID) identified by families and people with lived experience are answered in a conversation with a Consultant Clinical Psychologist Feeding Team SI Eating Disorder Service

QUESTIONS ANSWERED IN THIS SERIES

- What is ARFID?
- Different from fussy or picky eating?
- What are some of the causes
- Increasing the food range
- Why does this need to be addressed?
- What is a food jag?

and further questions

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NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/eating-challenges/arfid