A LISTENING TO FAMILIES RESOURCE

Eating Challenges - Eating Disorders

Questions about Eating Disorders identified by families and people with lived experience are answered in a conversation with an Adolescent Family Therapist SI Eating Disorder Service

QUESTIONS ANSWERED IN THIS SERIES

- Types of eating disorders and the difference between an eating disorder and disordered eating
- Early signs of an eating disorder - three areas to be aware of
- Specific behaviours that may occur
- Involving the General Practice
- The starved brain
- Separating the child from the disorder

and further questions

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NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/eating-challenges/eating-disorders