A LISTENING TO FAMILIES RESOURCE

Eating Challenges - Restricted and Fussy Eaters

Questions about Restricted and Fussy Eaters identified by families are answered in a conversation with an Occupational Therapist/ Feeding Therapy Nourish Feeding Therapy and a Paediatric Dietitian

QUESTIONS ANSWERED IN THIS SERIES

- Tips
- The 48hr menu
- Involving the GP, private and public services
- What is ARFID - resources, outcomes
- Private options - home visits, upskilling parents
- Impact on long term health, genetic or observed factors

and further questions

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NZ families' questions about the development, health, and wellbeing of children and young people are answered in conversations with local Specialists.

listeningtofamilies.co.nz/eating-challenges/restricted-and-fussy-eaters